GLV Idun - BSc brochure

BSc Biology

BSc Biomedical Engineering

BSc Life Science & Technology

GLV Idun

GLV Idun (Groninger LevenswetenschappenVereniging Idun) is the study association for bachelor and master students in the Life Sciences at the University of Groningen.

The association has over **1800 members** of which around **250** are part of one of our **20 committees,** which organise over **150 activities** each year. Committees are groups of members that together organise several activities a year, like a Symposium, networking drinks, and a skiing trip, but you do not have to be a committee member to join the activities! The association has a lot to offer to students of the Life Sciences in Groningen; support in education, social events, insights in future career paths, etc.

GLV Idun offers the opportunity to participate during formal events to meet possible employers, as well as informal events to meet students from other programmes and majors. We make sure you get the ultimate student experience!

WHAT IS GLV IDUN?

GLV Idun is the study association for Biology, Biomedical Engineering and Life Science & Technology, and its connected masters. The study association has a board and twenty committees. We offer discounts on books, lab coats and goggles, organise the best parties, help you pass tough courses and help you orientate yourself in the job market. The activities as well as the association's magazine and the year book are organised by the committees. Everyone can apply for a committee of their choice to help with the organisation, but it is not required to be in a committee to go to the activities and enjoy what GLV Idun has to offer.

Joining the study association gives you the opportunity to gain practical experience, boost your resume and meet new friends! No experience is required.

BOARD

COMMITTEES

> 1800 MEMBERS >250 COMMITTEE MEMBERS 20 COMMITTEES

ACTIVITIES

>150/year

SOCIAL

EDUCATIONAL

CAREER

CONTACT

Meet the board at the GLV Idun boardroom! The board will work hard upcoming academic year to offer as much value for you as possible. If you have any questions or just want to drink a (free) cup of coffee, feel free to visit us at 5713.0171 (Linnaeusborg, Zernike)

Nijenborgh 7
9747AG
050-3632074
bestuur@idun.nl
www.idun.nl

INTERNATIONALISATION

The number of international students is growing. Therefore, we want to provide support by means of “the Buddy Programme”. By connecting new international students to Dutch students the cultural gap is bridged and the practicalities like finding housing or opening a Dutch bank account are eased. During this programme, multiple activities will be organised to connect international students with the Dutch culture including language courses, a trip to a Dutch sight and an international dinner. Interested in this programme or in becoming a Buddy? Please contact bestuur@idun.nl

FAQ

BOOKS

After you have become a member, you can order books with a great discount. You can find a complete and updated list of study books for the first period in the GLV Idun bookstore, if you visit https://www.idun.nl/study/glv-idun-book-store, and follow the steps indicated there. Books for the first period can be ordered with discount until **September 20th**. We strongly advise you to order your books before the start of the academic year, so you will receive them on time. During the year, it is also possible to order other books you will need for later periods.

LAB COAT AND GOGGLES

For the lab practicals, you will need a lab coat and goggles meeting the requirements for usage on the lab. These can be ordered at GLV Idun for a nice price! On the introduction day, September 3rd, there will be an opportunity to order the right size of lab coat and lab goggles.

COMMITTEES

GLV Idun has several committees, joining one is a great way to broaden your interests outside your study. With 20 committees there is always something to your liking. Are you a fond traveller? Do you like to write articles? Are you interested in cultural activities? Or do you like to focus on career events? Look no further, we got exactly the right committee for you! Keep an eye on our social media for the committee applications at the beginning of the year!

SOCIAL

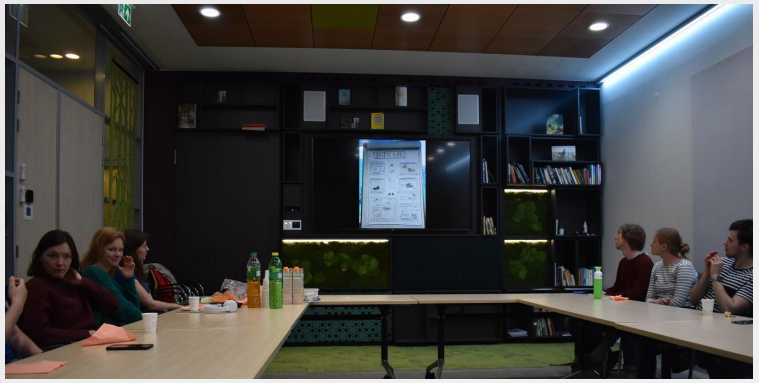
As hard work pays off, some time needs to be reserved for relaxation, fun and socializing. This can be found during our weekly drinks on Thursday in our members room. For only 70ct you get yourself a beer, a snack, or other refreshment, and you don't even have to leave the faculty building. Every month we make it even more festive during the "IduNight", the monthly party for GLV Idun members at Het Pakhuis in Groningen.

Next to the regular activities, make sure you do not forget the annual gala, foreign excursions, a skiing trip, a beach volleyball tournament, the BBQ, a hitchhiking weekend and much more! Discover the activities that suit you best, but do not be surprised when you find out GLV Idun organises even more than you could ever dream of. For more information and pictures of recent editions, please visit www.idun.nl.

CAREER

Where do I want to start my career? What is my dream job? How do I get there? Multiple questions we would like to help you with! GLV Idun offers more insight in the possible career paths and likes to provide more information about all possibilities. GLV Idun organises multiple career activities that connect the students with business life. GLV Idun organises networking drinks, speed dates with companies, company excursions, career markets, and business cases. Our study association even has a Career Committee which focuses on organising more of those events, like lectures by alumni members, and exploring the business side of our field.

GLV Idun also recognises the need for developing your soft- and hard skills to make sure you are well prepared for the future. GLV Idun organises multiple workshops during the year, including personal branding, personal effectiveness, presenting, LinkedIn/resume workshops, Excel, Latex, etc. Please check www.idun.nl/career for more information!



SYMPOSIUM

Every year the Symposium Committee of GLV Idun organises a symposium. During this event participants can attend various speakers and take part in small scale workshops. Every year the symposium has a different theme, for example The Pharmaceutical Industry, The Five Senses, and Crime Scenes.

EDUCATIONAL

GLV Idun recognises the need for study support and educational activities. Therefore, GLV Idun organises Exam Support Sessions for the more difficult courses and provides summaries by other members in the Summary Database. Even Learning Communities are organised to make sure you have a quiet place to study with your friends, if the UG Library is too crowded again. Please check www.idun.nl/study for more information

STUDY TOUR

Interested in working outside of the Netherlands? Then join the Studytour! Every year, GLV Idun organises a trip abroad in which students visit multiple companies and universities to get a glimpse of their future careers. Besides the company visits, there will be other activities to just enjoy the city itself.

HOW TO BECOME A MEMBER

You can take care of this easily online by visiting https://www.idun.nl/become-a-member/join-idun. A membership only costs €10,50 per year (which you easily earn back by ordering your first books).

COMMITTEE MEMBERSHIP

By joining one of GLV Idun's committees you make sure to develop yourself, gain organisation skills and meet many new people. An overview of all the committees and what they organise can be found here: https://www.idun.nl/general/committees

FAQ

Can I join a committee?
That is possible! All committees have applications at the beginning of the academic year and most committees have a second round of applications later in the academic year. Information about the applications can be found in our Facebook group or on Instagram. Information about committees can be found on our website. (www.idun.nl/general/committees)

Who can go to the activities that are organized by committees?
The activities are organized by the committees, but every GLV Idun member can go to the activities and participate. Non-members can come to most activities, as long as they are together with a member. Non-members pay more for activities than members.

How long does it take before I get my ordered books?
This usually takes about 48 hours (weekends not included). When a book is out of stock, it will take longer. In case the books are much later than 48 hours, check your track-and-trace code to see where the book is. If this doesn't work, you can always mail to bestuur@idun.nl.

My account is not yet activated. How do I solve this?
When your account is not activated, this is because you have not clicked the activation link. Send an email to bestuur@idun.nl. You will receive an email with a new link to activate your account.

GLV Idun has debited money from my bank account. Where can I find what this is for?
Sign in at the GLV Idun website. Next you can go to My GLV Idun > Profile > My purchases.

How do I unsubscribe from GLV Idun?
When you want to unsubscribe for the next academic year, you have to send an email to bestuur@idun.nl before August 1st.